



The First Annual

Challenging Behavior Prevention & Solutions Conference

May 15, 2010

Relationship Roots—the Challenging Behavior Experts—is bringing this exciting conference to the Denver area to address the number one issue in early childhood today—the alarming increase of challenging behavior in young children. Come learn how to stop it before it begins and how to manage it in a positive, supportive way.

Challenging Behavior Prevention & Solutions Conference

When: Saturday, May 15,
2010; 8:30-4:00

Training Hours: 6½ for
attending + 2 for homework

Where: 6560 S. Broadway,
Littleton (South Fellowship Church)

Cost: \$65—light breakfast &
full lunch included

For More Information:
Call 303-423-1026 or email
info@RelationshipRoots.org

Who should attend? Anyone who works with young children: early care & education (ECE) professionals (classroom teachers, childcare directors, family providers), parents of young children, ECE coaches, early childhood mental health providers, parent educators, home visitors.

What's the conference about? The conference will present approaches and techniques that are research-based, effective, developmentally appropriate and based on the principles of positive guidance. Workshops will teach foundational skills of prevention and guidance as well as skills related to specific issues that affect behavior such as stress and supporting positive behavior in boys.

The Conference Will Include:

- Door Prizes, Exhibits, and Food
- Fun, Engaging Workshops
- Inspiring Keynote Address
- A chance to hear from mental health consultants about your real-life cases
- 6½ training hours, plus an opportunity to earn 2 additional hours for completing homework assignments.

Register by May 10th



Relationship ROOTS
The Challenging Behavior Experts

303-423-1026 ♦ info@RelationshipRoots.org

SCHEDULE

- 8:00 Registration, Breakfast & Networking
8:30 Keynote Address: "Moving Beyond the Search for a Quick Fix"
9:00 Workshop I: Choose between "Responding to Challenging Behavior" and "Reduce Challenging Behavior by Reducing Stress"
11:30 Break
11:45 Real Life Situations
12:45 Lunch
1:30 Workshop II: Choose between "Preventing & Reducing Challenging Behavior" and "Behavior & Boys"
4:00 Conference Close: Complete an evaluation and pick up your certificate

KEYNOTE ADDRESS

"Moving Beyond the Search for a Quick Fix" Joyce Kinney has worked in the early childhood field for over 40 years. She is currently the director of Renaissance Children's Center, owned and operated by the Colorado Coalition for the Homeless. With all this experience, Joyce has seen many "quick fixes" for challenging behavior come and go. She has learned one thing about quick fixes: THEY DON'T WORK! What is needed is a deep understanding of children and a strong commitment to intentional practices. Joyce will share from her many years of experience to help set us on the right path as we enter this day of exploring challenging behavior among young children in today's world.

THE WORKSHOPS

There are four workshops, from which you will choose two—one in the morning and one in the afternoon. PLEASE REGISTER EARLY, as your first-choice workshop may fill up.

Morning Workshops—Choose 1

Responding to Challenging Behavior: The ABCs of Positive Guidance

Virtually everyone who works with young children encounters challenging behavior! In this workshop you will learn a simple-to-follow, but very powerful approach for responding to challenging behavior in a way that actually feels good to adults and children alike, while building skills in children.

Presented by: Susan Kay, MA, Executive Director, Relationship Roots

Reduce Challenging Behavior by Reducing Stress and Teaching Relaxation Skills

Many behaviors that we find challenging may stem from the fact that, in today's world, children are reacting to the stress in their lives. We may even contribute to the problem by creating stressful situations for children. In this workshop, you will learn effective ways to reduce stress in young children's lives and 3 powerful stress-busting relaxation techniques.

Presented by: Terri Emberling, MA, LPC, Director of Professional Development, Relationship Roots

Afternoon Workshops—Choose 1

Preventing & Reducing Challenging Behavior: The Power of Relationships!

The research is in! It shows that relationships are the most important factor in preventing or reducing challenging behavior in young children. But not just any kind of relationship! This workshop will present a research-based approach to creating the most effective type of relationships possible.

Presented by: Susan Kay, MA, Executive Director, Relationship Roots

Behavior & Boys: Survivors Guide to Caring for Young Boys

The behavior of boys is of growing concern. What is going on with boys and why do they act the way they do? What drives male behavior? In this workshop you will learn some of the most recent scientific advances in *gender* intelligence and brain research—and translate it into highly-usable techniques to reduce challenging behavior!

Presented by: Terri Emberling, MA, LPC, Director of Professional Development, Relationship Roots

REGISTRATION

Registration deadline is May 10. Late registrations are welcomed, but may not be able to order lunch or get first choice in workshops. Three ways to register:

- To register by phone, call 303-423-1026 or register by fax with credit card to 303-462-1330
- To register by mail, complete the following form, send with a check or credit card information (see below) to: Relationship Roots, Inc.
2525 S. Wadsworth Blvd., Suite 106-S
Lakewood, CO 80227

Please complete a separate form for each individual. If using one credit card to pay for multiple attendees, please send all registrations together, with the form containing credit card information on top.

Workshops: Choose one morning workshop and one afternoon workshop. Register early to ensure a spot in your first-choice workshop!

Morning Workshops:
(choose one)

- Responding to Challenging Behavior: The ABCs of Positive Guidance
- Reduce Challenging Behavior by Reducing Stress and Teaching Relaxation

Afternoon Workshops:
(choose one)

- Preventing & Reducing Challenging Behavior: The Power of Relationships!
- Behavior and Boys: Survivors Guide to Caring for Young Boys

Lunch—Pick one:

- Turkey Sandwich: **“Dutch Gobbler”**—Oven roasted turkey breast, Smoked Gouda, crisp lettuce and tomato
- Ham Sandwich: **“Matterhorn”**—Black Forest ham, Big Eye Swiss, crisp lettuce and tomato
- Club Sandwich: **“Uptown Club”**—Oven roasted turkey, bacon, lettuce, tomato, avocado, sprouts, Big Eye Swiss
- Vegetarian Wrap: **“Garden of Eden Wrap”**—Field greens, carrot, daikon, cucumber, sprouts, Muenster, toasted almonds, citrus dressing

Name: _____

Center/Organization: _____

Address: _____

Phone: _____ Email: _____

Payment: Total Amount: _____ individuals @ \$65 each = \$ _____ Check Enclosed Credit Card

Credit Card info:

Name on Card (if different from name above): _____

Card #: _____

Zip code associated with billing address: _____ 3- or 4-digit code on back: _____

Signature: _____