

Tools for cultivating a brain-smart ECE environment



Price List for Relationship Roots Products & Services

Trainings & Workshops: Please call (303-423-1026) or email (info@RelationshipRoots.org) if you are interested in having Relationship Roots come to your center or community to give a training or workshop.

Relationship Roots Books

Description	Price
Essential Skills for Caregivers of Young Children: Brain-Wise Strategies That <i>Really</i> Work	\$12.95 +\$4.50 S&H*
Caring Connections: Supporting Optimal Brain Development and Lifelong Relationship Skills in Young Children through Relationship Building	\$12.95 +\$4.50 S&H*
Better Relationships, Better Brains: Activities for Infants and Toddlers	\$12.95 +\$4.50 S&H*

CDs to Support Children's Bodies & Brains

Description	Price
Cool Bananas: Favorite kids' rhythms for calming, cool downs and bedtime routines	\$21.95 + \$4.50 S&H
Jumpin' Jelly Beans: Great kids' songs for brain-smart movement activities	\$21.95 + \$4.50 S&H
No Worries: Music & activities to support attention, learning & self-regulation. Includes a detailed booklet	\$24.95 + \$4.50 S&H

Correspondence Courses

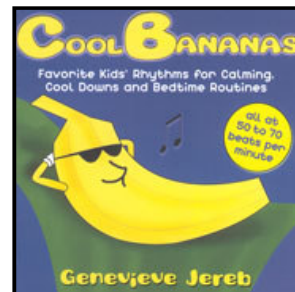
Description	Price
What Every ECE Professional Needs to Know about Young Children's Developing Brains: Learn the basics of brain development and how to adopt a brain-smart approach	\$24.95 + 4.50 S&H*
Caring Connections: Learn simple, yet powerful techniques for creating relationships that support optimal brain development	\$24.95 +\$4.50 S&H*
Positive Guidance: Learn how you can get ride of all negative discipline (including time-outs, punishments, rewards and consequences) and use the "ABC" approach to Positive Guidance.	\$24.95 +\$4.50 S&H*

**Save shipping & handling charges on Correspondence Courses and books when you receive them electronically through email! Write "Please email" on the Shipping & Handling line on the order form.*

CDs to Support Children's Bodies & Brains

The Only CDs You'll Ever Need!

Amazingly, a lot of children's music is not very good for children and their developing brains! Relationship Roots has put together a collection of the very best CDs for children. With these CDs you can create a year's worth of engaging music and movement activities, as well as have regulating music for calming, focus and naptime.

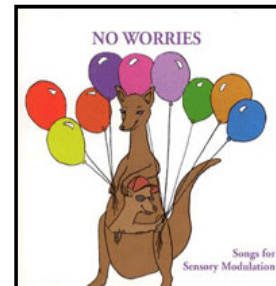
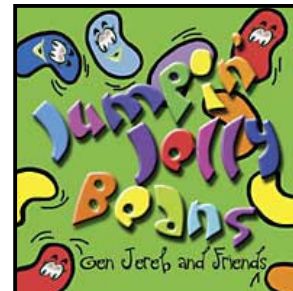


Cool Bananas

Strong regulating rhythms to support a state of calm, organization and regulation. Enchanting songs at the optimal regulating rhythm of 50-70 beats per minute. The second half has slower music to help children relax and fall asleep at naptime.

Jumpin' Jelly Beans

Kids love these directed activities that enhance attention and alertness and improve body awareness. Great songs, some especially appealing to boys. Includes 20-page booklet with lyrics and activities.



No Worries

Especially appropriate for children with sensory integration issues, includes a detailed book with activities to support attention, learning and self-regulation.

Tools...



...for cultivating a brain-smart ECE environment



**Relationship
ROOTS**

2525 S. Wadsworth Blvd., Suite 106-S
Lakewood, Colorado 80227

303-423-1026

www.RelationshipRoots.org

info@RelationshipRoots.org

Trainings & Workshops

Relationship Roots trainers are not only highly knowledgeable about the content areas they teach, they are also experts in how to convey that information in the most effective, useful and *enjoyable* way possible! All of our workshops are based on the latest research on children's brain development and offer practical, easily-applied techniques to meet children's needs in a holistic, positive way.

Relationship Roots' Featured Workshop:

Challenging Behavior...

And What to Do About It

This workshop teaches why there is such an alarming increase in challenging behavior among young children in today's world and presents specific techniques and approaches for decreasing challenging behavior while increasing positive social development. All techniques taught are based on what current brain research tells us children need.

Other Talks & Workshops:

- ☞ Caring Connections: A Research-based System for Creating the Relationships Children Need to Support Optimal Development
- ☞ I Want to Be a Superhero: Helping Boys Succeed in ECE
- ☞ You're Not My Friend Anymore: Helping Girls with Relationship Aggression
- ☞ Beyond Discipline: Positive, Brain-Smart Guidance
- ☞ Increasing Positive Behavior while Growing Resilient Children
- ☞ How Stress Affects Children's Brains & Behavior
- ☞ Taking Care of the Caregiver: Increasing Staff Resiliency

Or we will create a workshop to meet your specific needs!

Relationship Roots Books



Essential Skills for Caregivers of Young Children: Brain-Wise Strategies That Really Work

Whether you're a parent, teacher or ECE professional, these skills will give you greater confidence and improve your relationships with your children!

Caring Connections: Supporting Optimal Brain Development and Lifelong Relationship Skills in Young Children Through a Powerful Relationship Building Approach

A powerful system for building relationships and giving children the nurturing experiences they need.



Better Relationships, Better Brains: Activities for Infants & Toddlers

This book teaches the essential experiences that infants and toddlers need in order to make the most of this amazing time.

Correspondence Courses

Receive 3 or 4 training hours for each course!

What Every ECE Professional Needs to Know about Young Children's Developing Brains

Learn the basics of brain development and how to adopt a brain-smart approach in your early childhood classroom, center or home site.

Caring Connections

Learn simple, yet powerful techniques for creating relationships that support optimal brain development and healthy social-emotional growth in young children.

Positive Guidance

Learn how you can decrease challenging behavior while teaching social skills and enhancing relationships by using Relationship Roots' "ABC" approach to Positive Guidance.

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 or **CALL:** 303-423-1026